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## PRESIDENT'S MESSAGE

**Black History Month** 🌀 **Happy Valentine's Day** 🌀 **President's Day**

## PRESIDENT'S MESSAGE

My Sisters in Christ,

The signs of spring have begun nationwide, with sprouting leaves and blooming flowers. So, let's follow God's creations of nature and continue to be sprouting leaves or blooming flowers as United Women in Faith. Remember your *special calling to walk boldly in our faith and our mission to inspire, influence, and impact local and global communities with our vision of supporting women, children, and youth.*



On April 18, 2024, I attended the Neighborhood House of Calexico, Inc. Annual Board of Directors Meeting (in-person) in Calexico, CA. This was a wonderful luncheon at which they recognized the outgoing Board of Directors and the installation of the incoming Board of Directors and Board Officers. Their Service Report for 2024 lists the service and the number of individuals serviced (impressive numbers). CNH lives by its Mission Statement, stating, *“The purpose of Calexico Neighborhood House is to deliver direct service and engage in social action-being mindful of the principles of self-determination, respect, and compassion.”* Also, they live and work by the words of John Wesley... *“Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as ever you can.”*

—We all should pray, live, and work by these inspiring words of John Wesley!

**Upcoming Events** – Please plan to attend (in person). See the flyers in the newsletter for more information and be aware of the registration deadline dates.

- **Western Jurisdiction Quadrennial Event – May 9-11, 2024** – Anchorage, Alaska
- **South District UWF Spiritual Growth Retreat – May 18, 2024** – First United Methodist Church San Diego (Linder Hall)
- **South District UWF Quiet Day Apart – June 8, 2024** – Community United Methodist Church, Huntington Beach
- **New Entra Casa 52<sup>nd</sup> Anniversary Luau** – Sunday, June 23, 2024, San Diego
- **Cal-Pac UWF Mission u – July 12-14, 2024** – Cal State Long Beach
- **South District UWF Annual Celebration** – September 21, 2024 – Laguna Country UMC, Laguna Woods, CA

***Please let us know if your church/unit can host an in-person event in 2025.***

Your sister in Christ,

Lynette Hayes, President

South District United Women in Faith

619 818.5347 (cell/text); lyn.hayes123@gmail.com

# United Women in Faith Spiritual Growth Retreat

First United Methodist Church  
San Diego (Linder Hall)  
2111 Camino del Rio South  
San Diego, CA 92108



**United Women in Faith  
South District Retreat  
Saturday, May 18, 2024  
9:30 am-1:30 pm  
Cost: \$20.00 before 5/13  
\$25.00 after 5/13**



A Time for Spiritual Self-Care and Compassion  
Psalm 139:13-15

Moderator: Rev. Marlene Urban-Funk, Program Coordinator

Don't miss out on this unique spiritual self-care and compassion retreat. The registration deadline, [May 13, 2024], is fast approaching. To secure your spot, mail the completed form and \$20 check to **Diane Vogan, Registrar, at 4066 Nabal Drive, La Mesa, CA 91941, before May 13, 2024.** For registration information, contact Diane at **619.670.7759 (H), 619.980.9472 (C), or dnvogan@cox.net.**

**Make all checks payable to South District UWF**

Registration: 8:45 am to 9:30 am Retreat: 9:30 am to 12:30 pm  
Lunch: 12:30 to 1:30 pm  
*An undesignated Missions Offering will be taken.*

Name \_\_\_\_\_ Church/Unit Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

\*\*\*\*\*

For District Records: Date check received by Registrar \_\_\_\_\_ Date check received by Treasurer \_\_\_\_\_

TREASURER NOTES: May 2024

Dear Sisters in Faith,



Congratulations to the Local Units in South District who in 2023 gave to all five Channels of Mission Giving, and especially to those units who achieved giving 60% or more of their expenditures to Undesignated Mission Giving!

Units giving 60% or more of their total expenditures to the Five Channels of Mission Giving were:

**Chula Vista First, Escondido, Foothills (La Mesa), Laguna Country (Laguna Woods), National City, San Carlos (San Diego), and St. Mark's (San Diego).**

Units giving to all Five Channels of Mission Giving were:

**Mesa Verde (Costa Mesa), San Dieguito (Encinitas), Huntington Beach, Laguna Beach, Lemon Grove, Orange First, Nestor (San Diego), and Vista.**

Total 2023 Undesignated Mission Giving in our South District was \$72,968. Through April 10, Undesignated Mission Giving is over \$16,000.

I encourage each unit to prayerfully consider working toward achieving 5 Star Giving and 60/40 Giving in 2024.

**UWF members' Mission Giving and designated funding make mission happen.**

To see the big picture of UWF Missions see the current March/April issue of *response* which includes maps that show the people and projects supported world-wide by UWF---that's US!

The UWF report **Where the Money Goes 2024** is on line at:

**[https://uwfaith.org/wpcontent/uploads/2024/02/where\\_the\\_money\\_goes\\_2024.pdf](https://uwfaith.org/wpcontent/uploads/2024/02/where_the_money_goes_2024.pdf)**

It shows both the sources and the world-wide uses of UWF funding.

We're an awesome organization. Let's keep up the great works we do.

*Now faith is being sure of what we hope for and certain of what we do not see. Hebrew's 11:1*

Yours in Faithful Service,

Joanna Schwend, South District Treasurer

## Membership Report

I want to urge everyone to virtually attend the public forums of the UMC General Conference taking place in Charlotte, North Carolina, April 23 – May 3. You may find the links on the Cal-Pac Conference website.



You can also watch proceedings and worship services online for the Cal-Pac Annual Conference taking place in Burbank, June 12-15. You can register as a guest. I also urge everyone to attend the UWF Luncheon in-person in Burbank on June 15. You must register on the Cal-Pac Annual Conference registration page.

I have been keeping members apprised of Human Trafficking seminars and workshops. The last one called *How Churches Can Protect Youth from the Explosion in Cyber Exploitation* can be viewed here. <https://www.youtube.com/watch?v=TRJDxC2JRok>

I encourage all members to watch **Faith Talks** twice a month on Thursdays at 11:00am. Topics and speakers are always interesting and relevant. These topics make for very good circle and unit programs. You can even go to [UWFaith.org](http://UWFaith.org) to watch previous Faith Talks podcasts.

You can also sign up to watch **Still in Mission** and **Voices from the Field** to learn more about our UMC missionaries here and around the world. You may wish to support these missionaries yourself and/or ask your church to adopt a missionary.

I encourage members to subscribe to Judy Edelblute's **Visions Newsletter**, which comes out once a month and contains interesting topics for circle programs as well as a page for devotions. You may contact her at [judyedel8@gmail.com](mailto:judyedel8@gmail.com) to subscribe.

Remember to invite all women in your church to attend your general meetings, circle meetings, and special events. Sometimes all it takes is a personal and sincere word of invitation.

Yours in Christ,

Randa Krakow  
[randakra@gmail.com](mailto:randakra@gmail.com)

760 815-3423

Membership, Nurture and Outreach  
South District UWF Coordinator

## UWF Websites

### INSPIRE

<https://uwfaith.org/resources/podcasts/>  
<https://www.facebook.com/dailyprayerguide>  
<https://uwfaith.org/events/mission-u/>

### INFLUENCE

<https://uwfaith.org/get-involved/>  
<https://uwfaith.org/lead>  
<https://uwfaith.org/response>

### IMPACT

<https://uwfaith.org/read>  
<https://uwfaith.org/advocate>  
<https://uwfaith.org/events/calendar/>

### SOCIAL

<https://www.facebook.com/uwomensfaith>  
<https://www.instagram.com/uwomensfaith/>  
<https://www.youtube.com/uwomensfaith>  
<https://twitter.com/uwomensfaith>  
<https://uwfaith.org/digital>

## New Entra Casa

Please join us for our 52<sup>nd</sup> Anniversary Fundraiser Luau. Everyone is encouraged to come in Hawaiian attire. The event will be held at the house on Sunday, June 23 at 2:00pm. Carpooling is highly recommended. Please see flyer as there is an RSVP/Registration fee. Join us for fun, fellowship, and food.

Keep the pennies coming. To help with the expenses of the luau we're asking everyone to collect pennies. Years ago, the associates had a "Mile of Pennies" drive to raise funds. We're continuing the tradition. Thank you to everyone who have shared their coins and bills.

Shirley Ferrill

Susan Farnsworth

Associates' Chairperson

Associate/Board Member

(619) 267-2516

(619) 461-8363

Please consider attending our Associates' Meetings. We meet at the house on the fourth Tuesday at 1:00pm. Address: 3575 Pershing Avenue, San Diego



**NEW ENTRA CASA**  
**52<sup>ND</sup> ANNIVERSARY**  
**LUAU**

*Sunday, June 23, 2024*

*2:00p.m. – 4:00p.m.*

*At*

*New Entra Casa*

*3575 Pershing Avenue, San Diego*

*New Entra Casa Fundraising Event*

*Suggested Donation \$20.00*





## Committee on Nominations

Greetings from the South District UWF Committee on Nominations (CON)! I hope you are all doing well.

This is a follow up from the Winter issue. As I've mentioned, CON's work is year-round. For the 2024-2025 term, here are the upcoming vacancies that CON is working to fill:

Vice President

Membership Nurture and Outreach (MNO) Coordinator

Spiritual Growth Coordinator

CON Chairperson and Members

Language Coordinators – Filipino, Korean, Samoan, Spanish, Tongan

Limitless Coordinator

Included in this issue is the Potential Leaders Information Form, please use it and/or share it. If you would like to learn more about any of the positions or interested in joining, please contact the South District UWF Chairperson of Nominations, Laddie Perez-Galang, at [laddieperezgalang@gmail.com](mailto:laddieperezgalang@gmail.com).

I will be contacting some of you to fill upcoming vacancies and serve in the Leadership Team of the South District UWF. I hope you will consider it and say yes!

Thank you very much and I look forward to serving with you. Take care and be well.

Shalom,

Laddie Perez-Galang, Chairperson  
Committee on Nominations  
South District UWF/UMW



Potential Leaders Information Form (To be completed by potential leader.)

Type or Print (attach additional sheets as necessary)

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ (Cell) \_\_\_\_\_

Email: \_\_\_\_\_

Member of Local Church: \_\_\_\_\_

Age: 20s  30s  40s  50s  60s  70s  80s

Language Spoken: \_\_\_\_\_ Racial/Ethnic Identity: \_\_\_\_\_

Employed: No  Yes  Part Time  Full Time

Professional skills, job experience: \_\_\_\_\_

Office(s) held in United Women in Faith (United Methodist Women):

Table with 3 columns: Office, Date of Service, and rows for Local, District, Conference, and Jurisdiction.



Additional experience on the local, district, conference, or general church level (other than United Women in Faith/United Methodist Women), or in the community:

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How will your spiritual journey strengthen your commitment to serve on the District Leadership Team?

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Return to: Laddie Perez-Galang, Chairperson  
Committee on Nominations  
South District UWF  
46-U Calle Aragon  
Laguna Woods, CA 92637  
(949) 245-4027 Cell  
laddieperezgalang@gmail.com (best way to contact)



Cal-Pac Conference United Women in Faith
2023 Charter for Racial Justice Criteria



THIS IMAGE REPRESENTS THE COMMITMENT OF UNITED WOMEN IN FAITH TO WORK FOR RACIAL JUSTICE. IT SYMBOLIZES A WORLD OF RACIALLY AND ETHNICALLY DIVERSE PEOPLES WORKING TOGETHER SIDE BY SIDE TO CREATE A WORLD IN WHICH EVERY PERSON HAS A VOICE, RIGHTS AND OPPORTUNITY FOR ABUNDANT LIFE. WITHIN THE IMAGE ARE TWO HANDS JOINED TOGETHER TO WORK FOR JUSTICE FOR ALL GOD'S CHILDREN.

In order for a local organization (LO) to become a member of the Charter for Racial Justice Club, the local organization must: 1. Meet the required activity marked with an Asterisk (\*) 2. Complete at least one activity from each of the three sections 3: Return completed criteria form to your District Social Action Coordinator no later than December 15, 2023/

District Social Action Coordinator's Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Local Organization Name: \_\_\_\_\_

Contact Person's Name: \_\_\_\_\_

E-mail/Phone: \_\_\_\_\_

\* Devote a meeting to studying and discussing the Charter for Racial Justice. Supply each member with a copy of the Charter for Racial Justice.

UNIT PROGRAM (complete at least one)

1. Hold a group study or present a program on "The History of UMW on Racial Issues"

2. Establish a workshop to study, understand and appreciate the historical and cultural contribution of each race to the church and community

3. Share and discuss an article from Response magazine relating to racism

4. Be creative and develop a Racial Justice learning experience for your Local Organization

## ENRICHMENT (complete at least one)

- \_\_\_ 1. Hold a small group study of a book on racial justice from the Reading Resource Program and discuss using these three questions: Who is being exploited? Who benefits from the exploitation? What are we going to do about it?
- \_\_\_ 2. Have at least one member attend a webinar or event on Racial Justice and report back to the Local Organization.
- \_\_\_ 3. Study a particular issue relating to the Charter for Racial Justice i.e.: racism, immigration rights, voting rights, racial/ethnic profiling.
- \_\_\_ 4. Develop an enrichment activity of your own related to Racial Justice.

## ACTION (complete at least one)

- \_\_\_ 1. Gather and share with Local Organization (or Sunday school class or church members) information on local school system regarding ethnic makeup, suspension rate by ethnicity, graduation rate by ethnicity.
- \_\_\_ 2. Research current legislation on racial issues and present information as a program or in a church newsletter.
- \_\_\_ 3. Research what organizations in your community are working to uncover, challenge and transform racism in local systems and institutions. Discuss how you might be a partner and/or support this work.
- \_\_\_ 4. Develop a Racial Justice action of your own choosing for your local organization or church.

## RESOURCES

The following resources may be obtained at [unitedwomeninfaith.org](http://unitedwomeninfaith.org)

Books from UMW Reading Program

Response magazine

Racial Justice Timeline

History of Racial Justice

Cal-Pac Conference United Women in Faith  
2024 MISSION TODAY CRITERIA

To become a Mission Today Local Organization, the Local Organization (LO) must meet EIGHT (8) of the following criteria, including a minimum of FOUR (4) of those marked with an Asterisk (\*). Return To Your District Mission Education & Interpretation Coordinator no later than December 15, 2024.

District Mission Education Coordinator's Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Local Organization Name: \_\_\_\_\_

Contact Person's Name: \_\_\_\_\_

E-mail / Phone: \_\_\_\_\_

**CRITERIA**

- \_\_ 1.\* Use the Prayer Calendar at EACH general meeting of the LO to pray for persons in mission & for our mission work with women, children, & youth.
- \_\_ 2.\* The LO will lead their members in the UWF purpose EACH meeting.
- \_\_ 3.\* The LO will make and meet its pledge to mission.
- \_\_ 4.\* The LO will add at least TWO members to its roll.
- \_\_ 5.\* The LO will have at least TWO members subscribing to response magazine. (Order from the Mission Resource Center)
- \_\_ 6.\* The LO will use TWO programs from the Program Book for UWF each year.
- \_\_ 7.\* At least ONE member of the LO other than a Conf. or Dist. officer took a Mission u Study, in-person or virtual class.
- \_\_ 8. The LO will ADD or ENCOURAGE their LO's Young Women's or Youth Circle.
- \_\_ 9. The LO will ADD or ENCOURAGE their LO's Language Group Circle.
- \_\_ 10. At least TWO members of the LO other than a Conf. or Dist. Officer attended the District or Conference Annual Celebration, in-person or virtually.
- \_\_ 11. At least TWO members of the LO attended any Young Women's Event in the Cal-Pac Conference, in-person or virtually.

- \_\_12. Members shall write to FIVE persons listed in the Prayer Calendar at least once a year.
- \_\_13. The LO will BE a Five Star LO, contributing to ALL FIVE channels of Mission Giving.
- \_\_14. Each LO, circle, or subgroup will INCLUDE a mission moment where an article from *Response magazine* will be lifted up as a way to tell the mission story.
- \_\_15. Have at least TWO persons from the LO, circle, or subgroup complete one of the Reading Program Plans and report on at least ONE of the books read.
- \_\_16. The LO invited a Dist. or Conf. officer, other than a member of the LO, to ONE of the LO meetings during the year.

Other Mission Work: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Spiritual Growth



Greetings Sisters in Christ,

Christ has risen with the promise of new life for all of us. Constant changes still exist in our lives. There is incomprehensible war and violence in the world, hunger, variants of new viruses, etc. With all of these many changes, we are in need of spiritual healing.

The South District is excited to hold a Mission Retreat on Saturday, May 18, 2024 to explore spiritual practices in self-care and compassion. It will be held at First UMC San Diego. All women are invited whether you are a member of UWF or not. Our speaker will be Marlene Urban-Funk. Any questions, contact me at [sdavis\\_a@yahoo.com](mailto:sdavis_a@yahoo.com). To register, contact [dnvogan@gmail.com](mailto:dnvogan@gmail.com). A flyer about the event is in this issue of Southern Voice.

Below are events and resources to aid your spiritual growth:

- \*2024 South District UWF Mission Retreat(Saturday, May 18, 2024, First UMC San Diego)
- \*2024 Cal-Pac Annual Conference (June 12-15, 2024; Burbank, CA)
- \* UWF Annual Luncheon at Annual Conference (June 15)
- \*United Women in Faith website([www.uwfaith.org](http://www.uwfaith.org)). Resources include Podcasts and Faith Talks.
- \*United Women of Faith Digital Resources-([www.uwfaith.org/resources/podcasts](http://www.uwfaith.org/resources/podcasts)). Follow community talks, other events, etc., online.
- \*Daily Prayer Guide-physical copy, digital version and on Facebook.
- \*Worship-in person or online.
- \*UWF Social Action Lending Library.

Additional spiritual growth practices include meditation, writing in a journal, outreach ministries, reading daily devotionals, singing, studying the Bible, etc.

As United Women in Faith, we will continue to support the lives of women, children, and youth. We are God's hands and feet to the world.

Blessings,  
Sharmon Davis  
Spiritual Growth Coordinator, South District

## Many Thanks

The UWF members of San Diego First UMC graciously gave up the date for their fundraiser on May 18, so the UWF District Retreat could be held there on that date. Here's the details:

THERE'S GOING TO BE A BASH a **BLUE GRASS BASH**  
at

FIRST UNITED METHODIST CHURCH  
2111 CAMINO del RIO SOUTH

**MUSIC, CATERED LUNCH, AND SING ALONGS**

**A FAMILY EVENT**

SATURDAY, JUNE 15, 12-2:00 PM

TICKETS: \$20 FOR ADULTS, 6-16 \$5 AND UNDER 5 FREE

## Reading Program/Program Resources



Dear Readers,

How DO we encourage and inspire each other to read and keep track of the books on the reading list? That is a major part of our job. Don't forget, children and all other people in the church can participate. I have seen husband and wife teams (maybe they read to each other!) report.

The book that is challenging me most at this time is 'Resist and Persist' by Erin Wathen, and the one I can't put down is The Four Winds by Kristin Hannah. I think both are in the Social Action category, so a balance approach is needed!

Reading and thinking, and writing about it may spur us to our own creations. I hope we'll be able to gather on Saturday. If not, I know we all have busy lives, and you may think you know your job. I'm humbled by the enormity of how much there is to know about so many things, and yet, it's useless if we don't act.

As I said, balance!

Midge Harder

Program Resources acolyte of Judy Edelblute

Peace,

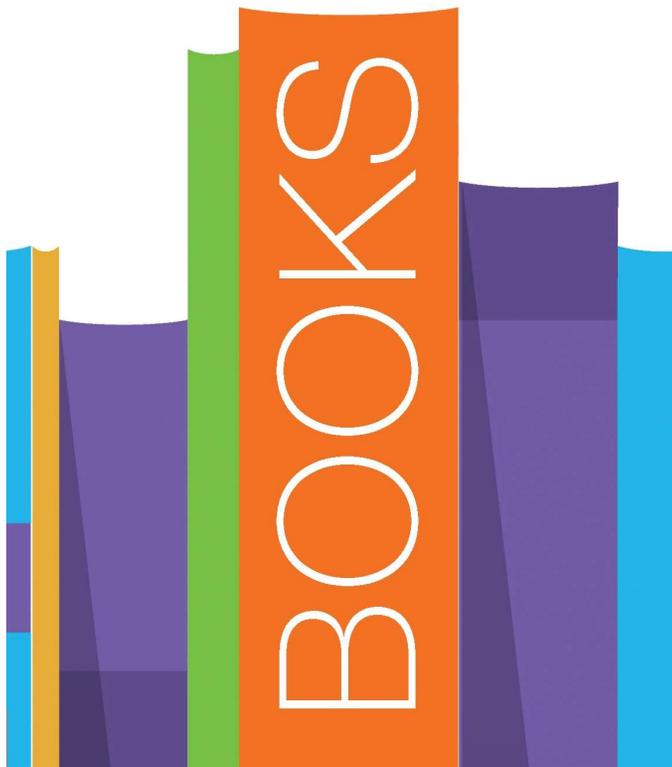
Margaret "Midge" Harder, South District Program Resources Coordinator

# READING PROGRAM

## Reporting Form

Formulario de Información del Programa de Lectura

독서 프로그램독서 프로그램



### PLAN 1

- 5 books each year.
- 1 book from each category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

### PLAN II

- 10 books each year.
- 2 books from each category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

### PLAN III

- 15 books each year.
- 2 books from each category.
- PLUS 5 additional books from any category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

### PLAN IV

- 20 books each year.
- 2 books from each category.
- PLUS 10 additional books from any category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

# REPORT OF COMPLETION REQUIREMENTS

*(Send completed form to your secretary of program resources or equivalent according to your conference's schedules.)*

NAME:

PLAN CHOSEN:  I  II  III  IV

CURRENT YEAR:

MISSION EMPHASES	Education for Mission
	Leadership Development
	Nurturing for Community
	Social Action
	Spiritual Growth

I have completed the required reading for PLAN \_\_\_\_\_. The books I have read are listed on this form.

LOCAL UNIT

DISTRICT

CONFERENCE

PRINT NAME

ADDRESS

CITY, STATE, ZIP

I have also read **response** regularly.

## In Memoriam

We have been informed of the death of former district officer, Shirley Katz, after a long battle with cancer. She served South District as the Communications Coordinator. Her memorial service has already been held. Please pray for her family and friends.

## Communications

Here is some information that will help you use the UWF logo correctly. UWF created the logo to be a multi-colored cross that represents the diversity of the persons in our organization. It also refers to our roots and represents the past, present and future of our organization.



United Women in Faith has specific requirements for how the logo, both with and without the words, “United Women in Faith,” is used. The minimum size should be 1” wide, and there should be a clear space around the logo that is equal to its height. Please don’t change to color order in the cross, skew the proportions of the logo, add a tagline below the logo, or place it in a shape other than a rectangle.

The organization has chosen specific colors to use in the logo:

Yellow Pantone 130

Blue Pantone 7454

Green Pantone 363

Orange Pantone 165

Warm Gray Pantone 10

Black Pantone

The typefaces they prefer are the narrow sans serif Barlow, decorative display typeface Playfair Display, and wide sans serif Ridley Grotesk or Montserrat. All of these except Ridley Grotesk are free Google fonts. You may download them at <https://fonts.goggle.com/specimen/> Barlow or Montserrat or Playfair+Display. [Editor’s Note: Serif fonts have “little feet” on the bottom, i.e. Times New Roman, and sans serif fonts don’t, i.e. Arial. In my technical writing classes, I was taught that serif fonts are easier to read. That is why this newsletter uses Times New Roman for the text.]

As you create various documents in print and online, strive for clarity and conciseness. I hope you have fun as you create your messages.

Blessings for all you do!

Judy Edelblute, South District Communications Coordinator

**SOUTH DISTRICT LEADERSHIP OFFICERS -2023-2024**  
**United Women of Faith**

OFFICE	NAME/CHRCH	ADDRESS	CONTACT INFO
President	Lynette Hayes St. Paul's UMC, San Diego	3940 Hilltop Dr. San Diego, CA 92102	(619) 818.5347 <a href="mailto:Lyn.hayes123@gmail.com">Lyn.hayes123@gmail.com</a>
Vice President	OPEN		
Secretary	Marcia Easton Shepherd of the Hills UMC	28032 Via Congora Mission Viejo CA 92692	(949) 282-9310 (cell) <a href="mailto:marciaeaston@cox.net">marciaeaston@cox.net</a>
Treasurer	Joanna Schwend San Dieguito UMC	P.O. Box 2403, Del Mar, CA 92014	(619) 203-1476 (cell) (858) 792-8235 (home 6arstfgy ) <a href="mailto:jwschwend@yahoo.com">jwschwend@yahoo.com</a>
Chair Com. on Nominations	Laddie Perez-Galang Laguna Country UMC	46 Calle Aragon, Unit U Laguna Woods, CA 92637	(949) 245-4027 (cell) <a href="mailto:laddieperezgalang@gmail.com">laddieperezgalang@gmail.com</a>
Program Resources Coordinator	Margaret Harder Santee UMC	8629 Willow Terrace Santee, CA 92071	<a href="mailto:mharder05@gmail.com">mharder05@gmail.com</a>
Membership	Randa Krakow San Dieguito UMC	241 Calle de Sereno Leucadia, CA 92024	(760) 815-3423 (cell) <a href="mailto:randakra@cox.net">randakra@cox.net</a>
Social Action	Rubye Roberts La Mesa 1 <sup>st</sup> UMC	10269 Greenleaf Rd. Spring Valley, CA 91977	(619) 252-5839 (cell) <a href="mailto:terrynola44@gmail.com">terrynola44@gmail.com</a>
Mission Education Coordinator	Francine DeWitt-Haynes St. Paul's, San Diego	1058 Calle Del Amor, Chula Vista, CA 91910	(619) 216-2502 (home), (619) 2465350 (cell) <a href="mailto:beatrice.witt@sbcglobal.net">beatrice.witt@sbcglobal.net</a>
Spiritual Growth Coordinator	Sharmon Davis San Diego 1 <sup>st</sup> UMC	15285 Andorra Way San Diego, CA 92129	(858)-603-3805 <a href="mailto:sdavis_a@yahoo.com">sdavis_a@yahoo.com</a>
Communication Coordinator	Judy Edelblute St. Mark's, San Diego	3512 Mt. Burnham Ct. San Diego, CA 92111	(858) 278-0255 <a href="mailto:judyedel@san.rr.com">judyedel@san.rr.com</a>
Nominations	OPEN		
District Registrar	Diane Vogan Foothills UMC	4066 Nabal Dr. La Mesa, CA 91941	(619) 670-7759 <a href="mailto:dnavogan@cox.net">dnavogan@cox.net</a>
Spanish Language Coordinator	OPEN		
Limitless Coordinator	OPEN		

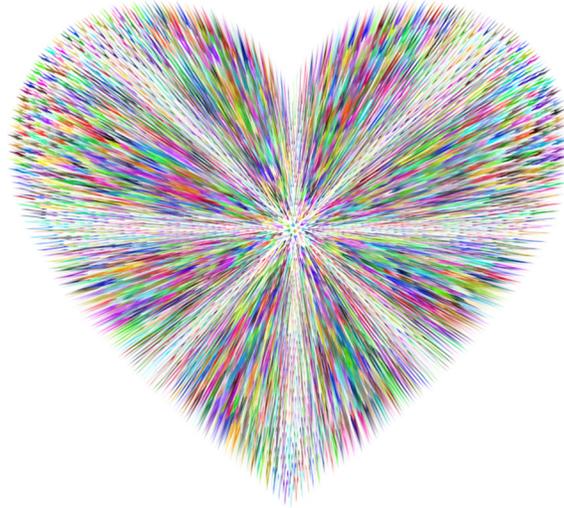
# Quiet Day Apart

Saturday, June 8, 2024

Community UMC

6652 Heil Avenue, Huntington Beach, CA 92647

We honor our Quiet Disciples



Theme: With a Servant's Joyful Heart

Registration: 9 am

Worship and Program: 10 am

Lunch to follow

Please consider making an offering to Missions Undesignated. Checks should be made out to South District United Women in Faith.

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REGISTER BY MAIL. (Please print) Complete the form and make out a \$20 check payable to **South District United Women in Faith**. Mail the completed form and check to **Diane Vogan, Registrar, 4066 Nabal Drive, La Mesa, CA 91941** before **June 1**. After June 1, there will be a \$5 late fee. For questions or more information, contact **Diane at 619-670-7759 (H), 619-980-9472 (C) or [dnavogan@cox.net](mailto:dnavogan@cox.net)**.

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Date check received by Treasurer \_\_\_\_\_



## Mission u @ Cal State Long Beach – July 12-14, 2024

A note from Theresa Ellis, Co-Dean of Mu2024:

Hebrews 10:25 exhorts us to “...not give up meeting together...” Yes, this scripture is about the Second Coming of Christ, but it seems to be good advice, nevertheless. All of us have felt the aftereffects of our Covid separation, still lingering in our churches and other organizations. The same is true for Mission u. But how do we get past it?

I had not been to Mission u since 2005, when it was still called School of Mission. When I returned for Mu2023, all I can say is that I was stunned at how wonderful it was. I was able to reconnect with many old friends and make new friends, but most importantly, I was able to really feel what it means to participate in a community of women whose faith shapes their lives. I am still basking in the glow of a revived spirit.

We have chosen Cal State Long Beach as the location for this year’s Mu. As an institution, CSULB is open and affirming to all people, including our LGBTQ+ siblings. The campus is beautiful and has state-of-the-art classrooms and meeting spaces. They offer a wide-ranging menu in the dining hall and the dorm buildings have lots of common areas, including a fully-equipped kitchen for a lovely cup of tea and conversation before heading off to bed. Mission u is not glamorous or posh by any stretch of the imagination. Yes, you will be sleeping in a twin bed in a dorm room. Yes, your normal, cozy home routine will be disrupted, but we all know that it is only when we are disrupted or inconvenienced that we can grow. This is a perfect time to (re)connect with God and your sisters in the faith. It is a time to feel what it’s like to live in the kin-dom.

What would make Mission u even better? **YOU!** And if you were there last year, now is your chance to bring someone with you! This year we are offering a \$15 discount to anyone who brings someone who is new to Mission u. Now is the time to start planting those seeds in the hearts of your friends. You don’t have to be in UWF or even be a Methodist to go to Mission u, so cast your nets wide! Think of the young women and girls in your life. We have excellent teachers and programming for all age groups.

My Co-Dean Barbara Miller and I are so very excited about this coming year’s Mission u! We hope you are getting excited, too! More information will follow, but if you have questions, please reach out to me at [ellis.theresa@gmail.com](mailto:ellis.theresa@gmail.com).

Valerie “Lani” Hungalu shared with us at our Annual Meeting in October. She said, “Be willing to be transformed for the transformation of the world.” Mission u is our opportunity to be transformed, we just have to be willing. Let us heed the exhortation in Hebrews and keep meeting together. It is in the coming together that we continue to be transformed.

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