

Outreach/ Sack Lunch Ministry for Kardia United Methodist Church

- I. Drive around your area to plan who and where to serve. Create a perimeter in number of blocks or miles.
 - a. Talk to some of the people you plan to serve. Tell them where you are from, ask if you can pray for them (quick prayer for protection, blessing, God to meet them where they are).
 - b. Inform people you will be bringing them food/lunch on a weekly/monthly basis.
 - c. Ask if they have any specific needs (water, food, hygiene supplies, feminine supplies, etc).
- II. Establish TWO teams.
 - a. Establish your field team.
 - i. How many people are willing to serve the “boots to the ground” part?
 - ii. How many vehicles will be needed to transport food and resources?
 - iii. Always plan a minimum of 2 people per vehicle for safety.
 - b. Establish your lunch making team.
 - i. Sandwich making takes time and people, there are multiple team divisions of lunch making.
 1. Make the sandwiches.
 2. Package the sandwiches.
 3. Create sack lunch with water, sandwich, fruit, and snacks
 4. You can also add a small/light PPE package and add bible tracks or devotionals, along with a personal (or printed) note to the recipient.
 5. Make sure to have sufficient time for making sandwiches and preparing sack lunches.

- a. Consider setup, making sandwiches, preparing the sack lunches, clean up, loading the vehicles, and praying for all the lunches.
- c. Pray while making the lunches.
 - i. Pray and envision God's hand over all who receive this.
 - ii. Pray before you serve and while you serve.....envision the blessings!

III. Create your statement (mission) on paper to share with your Outreach team.

- a. Who are we? Who is your church or organization?
- b. Where are we located? Are you inviting people inside of your church building?
- c. Why are we serving?
 - i. Sharing the love of Jesus through service.
 - ii. Planting seeds of hope.
 - iii. Watering seeds through constant contact.
 - iv. Providing the most necessary supplies to maintain mental and physical help.
 - v. What resources are you supplying?
 - 1. Including local help resources.
 - 2. Community help and local resource centers.
 - 3. PPE/Health resources.
 - 4. Biblical/Spiritual resources.
 - a. Prayer/Bible tracts/Single page "attention grabbers"
one sided Biblical and one sided secular theme image
- d. The mission statement should be short, just like an elevator speech.
Everyone shares this before you hand out any resources, including lunches