



Winter Edition  February 2026

SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH





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NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

Who We Are?

We're a sisterhood acting in faith to tackle the hard work of the world without hesitation.

Yellow: Life in Christ
Green: Sisterhood
Orange: Action
Blue: Faith

Our Logo



United
Women
in Faith

The Mission

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence, and impact local and global communities.

Turning faith, hope, and love into action on behalf of women, children, and youth around the world.

The Vision

The Purpose

We are a community of women whose purpose is to know God; to experience freedom as whole persons through Jesus Christ; to develop a creative supportive fellowship and to expand concepts of mission through participation in the global ministries of the church.

Contents

OFFICERS' REPORTS

President	3
Vice-President.....	5
Secretary.....	9
Treasurer.....	10
Program Resources.....	12
Social Action.....	14
Spiritual Growth.....	16
Nominations.....	17
Membership.....	18
Communications.....	19
Education.....	21
Leadership Team.....	22

ANNOUNCEMENTS

Calendar of Events.....	23
Assembly 2026.....	24
Soul Care Retreat.....	25
NEC.....	27
Day of Giving.....	28
Free Naloxone Training.....	30
Book Program.....	31
Mission Emphases.....	32
Find United Women in Faith Online.....	33

FORMS

Cal-Pac SD Gifts & Graces Inventory.....	34
Subscription to Pacific Waves.....	36
Subscription to Southern Voice.....	37



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

3

President's Message

ALLOW GOD'S PURPOSE TO INTERRUPT YOUR PLANS

***"Many are the plans in the person's heart,
but it is the Lord's purpose that prevails."
Proverbs 19: 21 (NIV)***

- ❖ Think of some of Jesus' disciples. Matthew planned to be a tax collector. Andrew, Peter, James, and John planned to be fishermen. But an encounter with Jesus interrupted those plans for a purpose that would spread the gospel to all the nations (Matthew 9:9; and Matthew 4:18-22).
- ❖ Unfulfilled plans often serve God's greater purpose. When we prioritize God's plan over our own, we are freed from the pressure those plans create. We become aware of the urge to do everything at once and the frustration that arises when we can't.
- ❖ Plans are what we intend to do, but the effects of our purpose in Christ grow far beyond our intentions. No matter what happens — whether plans come to fruition or not — we can always find peace in knowing that even if plans fail, God's purpose prevails.

Local Officers Training –
Thank you for attending. Please remember to submit your evaluation form. We hope each session was valuable and essential for your leadership role. All training sessions were recorded, so contact the coordinator to request a recording for your local organization's library.



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH



Upcoming Events – The in-person events listed below are the United Women in Faith California-Pacific and South District events. More details will be provided in the newsletter. Please note the registration deadline. Your in-person attendance is greatly appreciated!

- **Cal-Pac UWF** Mid-Winter Event – February 21, 2026 – Claremont UMC, Claremont, CA (Flyer in Pacific Waves Newsletter)
- South District Soul Care Retreat – March 13-14, 2026 – Cedar Glen Camp @743 Farmer Rd., Julian, CA 92036 (see the

registration flyer for additional information)

- **National UWF** Assembly, Indianapolis, IN, May 15-17, 2026 (see Registration Link)
- South District UWF Quiet Day Apart – June 6, 2026 – St. Mark's UMC, San Diego
- **Mission u** – July 24-26, 2026, Bell Memorial UMC, Ontario, CA (Flyer in Pacific Waves Newsletter)
- South District UWF Annual Celebration – September 19, 2026 - Location pending

*Please let us know if your church/unit can host one of the above events for 2027**



Your Sister in Christ,
Lynette Hayes, President
South District United Women in Faith
619 818.5347 (cell/text)
lyn.hayes123@gmail.com





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

5



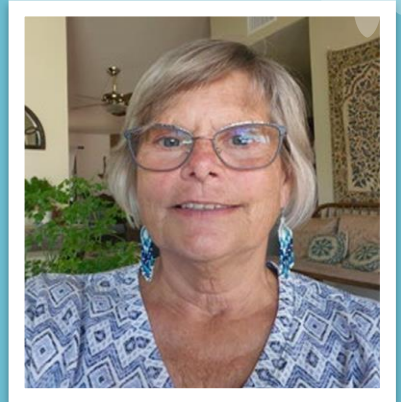
Vice President's Sharing

Polly Petersen, Vice President

South District United Women in Faith

Email: pollypetersen52@gmail.com

Cellphone: 619-721-1473



Standing Up for Justice!



Starting back in August of last year, a group of United Women in Faith began gathering on Thursdays at noon at the Federal Court House in downtown San Diego to register our disagreement with the cruel and inhumane ways in which our government is treating immigrants. Early on we concluded that we needed bright pink T-shirts that would proclaim our faith and our purpose. We all agreed that “United Women in Faith Standing up for Justice!” was the perfect statement. Randa Krakow went home and immediately designed the T-shirt and was ready to take orders by the following Thursday. She is fast! Four to five of us continued to come every week, wearing our pick t-shirts and carrying our signs.





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH



We were not sure that what we were doing was terribly helpful but hoped, at the very least, the people going to Immigration Court would understand that someone cared about them. In September, I went on an extended trip to India and worried that we might falter. But our UWFaith women carried on. In fact, we were even included in a *Times of San Diego* article “Inside the courthouse where activists are tracking immigration enforcement in real time” dated 12/7/2025 ([link to Article](#)).

When I showed up again in the first week of December, I was so happy to find my “Sisters in Pink” in action. That day, as we were getting ready to leave we met a young Puerto Rican woman (19 yrs & a US citizen) who had just been released from ICE detention. She had spent the night in a cold basement, having eaten only a peanut butter sandwich, and without any of her possessions. She was very distressed and in tears when she walked up to us, saying that one of

the agents suggested she ask “those ladies in pink” for help. How was she going to get home? She had no phone, she had no money, and she had no car because they were all impounded by the Border Patrol office in Otay.

Needless to say she did come to the right people, United Women in Faith, who were ready to put faith into action! Since I live near the border, I was the obvious person to drive her but my car was at the E street trolley station. No problem, Lois Knolton drove us to my car so we did not have to wait for the trolley. Using my phone, the young woman reached an agent at the Border Patrol office. He first told her that she would not be able to get any of her possessions; however when she stated that she had been picked up and held overnight and then released without any charges, the agent kindly took the time to verify her status and confirmed that she could get her possessions, but not her car.





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

7



We picked up her things and then came to my house so she could arrange transportation back to her family in the Los Angeles area. Her family arranged an Uber for her and I gave her some food and drink for the trip. She was very grateful to all of us who helped her. That day, was the first day, I think I realized that our labors were not in vain. The next week when we showed up outside the Federal Courthouse, Our Lady of Guadalupe church was already there with their church members to protest the treatment of immigrants in honor of the Feast of our Lady of Guadalupe. Our United Women in Faith joined with them and prayed with them in their candle lit walk around the front of the building.

Beginning in January after the shooting of Rene Nicole Good, larger groups of people have been coming to the Courthouse to protest against the violent tactics used by ICE to arrest and detain people. They are organized by a consortium of organizations (the same as those who organized the No Kings Day protests). They are gathering at 10:30 am on Thursdays. So now it is not just the United Women in Faith protesting outside the Courthouse. We continue to protest at noon on Thursdays. We continue to pray for our immigrant neighbors and pray that compassion will triumph over cruelty. Come anytime between 10:30 and 1:30 and join us, I am sure you will see a pink shirt in the crowd.



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH



Keeping the Faith!

I hope that all of you have had an opportunity to join in the training offered by our South District officers. I have been so encouraged by the stories I am hearing from our sisters in Christ Jesus. There seems to be a new spirit of enthusiasm and action.

Please keep in mind that we have some wonderful United Women in Faith activities planned for all of us this year.

I am looking forward to seeing you at the Soul Care retreat “What is My True Nature?” that is scheduled for March 13th and 14th. The registration form can be found in this newsletter. We will also have our Quiet Day Apart, Quiet Disciple event on June 6th and our Annual Celebration on September 19th. More information on these events will be published soon.

South District UWFaith Activities	Proposed Date in 2026
MidWinter Event	Feb. 21st at Claremont UMC
South District UWF Retreat	Friday, March 13th, 2026 to Saturday March 14th, 2026 at Cedar Glen
National UWF Assembly Indianapolis, Indiana	Friday, May 15th, 2026 - Sunday, May 17th 2026 (Registration Link: https://assembly.uwfaith.org/website/82390/)
Quiet Day Apart/Quiet Disciple	Saturday, June 6th, 2026
Mission u	Friday, July 24th - Sunday, July 26th, 2026 @ Bell Memorial UMC
South District Annual Celebration	Saturday, September 19th. 2026
Cal Pac Annual Celebration	Saturday, October 17th, 2026 Location TBD
Cal Pac UWFaith Activities	Proposed Date in 2026

By Polly Petersen

South District UWFaith Vice President





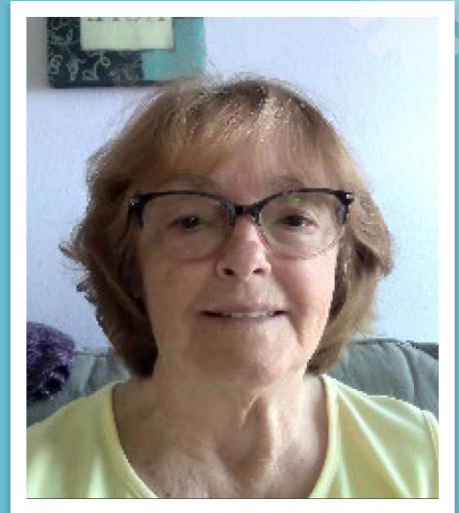
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NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

Secretary's Thoughts

Marcia Easton

South District Secretary
marciaeaston@cox.net
949-282-9310



Solomon 2:12

Flowers appear on earth; the season of singing has come, the cooing of doves is heard in our land.

As we near the Lenten Season, I encourage you to notice God's Glory in nature. Here are some "Lenten Roses", also called Hellebores. You could also attend the Soul Care Retreat in March, registration in this newsletter.

Let this season renew your commitment to do all you do as if doing it for the Lord.



Confetti Cake



First Dance



Dark and Handsome



Wedding Crasher

Blessings,
Marcia



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH



Treasurer's Notes

Joanna Schwend

South District Treasurer

jwschwend@yahoo.com

PO Box 2403,
Del Mar, CA 92014



Dear **Sisters in Faith**, and especially our **Treasurers and Presidents**,

"We affirm our longstanding commitment to the sacred worth of every person and to the way of peace taught and embodied by Jesus."

-Bishop Tracy S. Malone President, Council of Bishops UMC

In these troubled times, we recognize that spiritual growth, mission education, and social involvement of our UWF members have historically been a part of UWF mission work supported by our giving.

Congratulations South District Units on meeting our pledge in 2025!

In 2025, South District units contributed over \$80,000 to undesignated Mission Giving, AND over \$9,000 to designated Mission Institutions and UWF areas of focus! A portion of Mission Giving is used to provide education to members. We all benefit from the resources available online at:

<http://uwfaithresources.org/prodlist.cfm?ID=2199> We learn from

programs such as Mission u and others, from resources in areas of focus such as Interrupt the School to Prison Pipeline, Just Energy for All, and from *response* magazine.

We will recognize units achieving 5 Star Mission Giving and those reaching the 60/40 level of giving with certificates at a South District meeting.

Treasurer Training on January 24 brought 14 unit treasurers and presidents together on Zoom. The (hugely informative) Treasurer Training Booklet (revised) and the link to the video recording of the session have been emailed to all unit treasurers and presidents whose emails I have.





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

11



Most units have submitted their Year End Report. Yea! Please remember your Schedule of Cash Activities and Financial Review as well. (Forms included in training booklet.) Order new UWF Gift to Mission and Gift in Memory cards! See the order form on the above website. Include the form with your remittance form.

This is my 6th and final year as your district treasurer. Are you interested in taking on this rewarding task? Email me with questions or to volunteer.

Blessings to all,

Joanna Schwend

South District Treasurer

jwschwend@yahoo.com

PO Box 2403, Del Mar, CA 92014

God is able to bless you abundantly so that in all things at all times, having all that you need, you will abound in every good work.

2 Corinthians 9:18



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

12



Program Resources Coordinator's Report

Hello UWF Members,

I hope you have seen the 2026 catalog for the Reading Program. I want to remind everyone how easy it is to get credits for our UWF Reading Program. It is possible to finish 8% of Plan I by doing these things.

The reading list is chosen each year by the national UWF organization. In 2026 you may read any book chosen from 2021 to 2026.

- You can have one credit in Nurturing for Community if you read all 6 issues of response magazine in 2026.
- There is one credit in Spiritual Growth for listening to two different Faith Talks, either the video when it is originally broadcast or later after it is saved as a podcast. It can be any Faith Talk podcast, not just the ones made this year. There are very few books you can read in two hours, so check out the podcasts.
- You can also get a credit in Education for Mission for listening to two videos of Voices from the Field.
- They are about the work of deaconess and home missionary. They are broadcast once a quarter; the time

depends on the location of the work being highlighted. The public library may have some of the books that interest you. The San Diego City Library has a very large number of the following books, so your city's library will probably have them too.

Flower of Fire, an Immigrant Daughter's Story by Hawon Jung (Leadership Development)

The Book of Hope by Jane Goodall (Leadership Development)

The Women by Kristin Hannah (Nurturing for Community)

The Talk adult book by Darrin Bell (Nurturing for Community)

The Talk children's book by Alicia Williams (Nurturing for Community)

We Are Still Here: Native American Truths Everyone Should Know by Traci Sorell (Children's Book Social Action)





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

13



We want to record all of the Reading Program books you read, even if it is only one book. If you have any questions or need any help getting started on the Reading Program, please contact me.

Judy Edelblute,

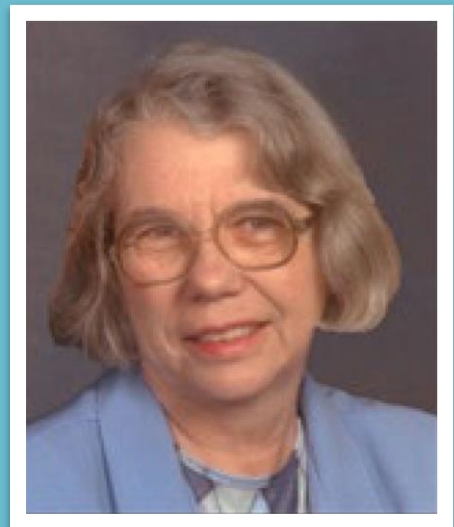
Program Resources Coordinator

UWF South District

judyedel@san.rr.com or

858-278-0255

(This is a land line, no texts, please)



Winter Edition  February 2026





Social Action Coordinator's Report

Kay Guy

mkayguy@gmail.com



“He has told you, O mortal, what is good, and what does the Lord require of you but to do justice and to love kindness and to walk humbly with your God?” Micah 6:8.



As members of United Women in Faith, our current focuses are climate justice and racial justice. Not small tasks, while also loving kindness and walking humbly with God. When fighting injustice, we may feel empowered, strong and effective. However, we can also become afraid, angry, even weary and depressed.

would see scary things in the news, my mother would say to me, ‘Look for the helpers. You will always find people who are helping’”

Perhaps finding the helpers is noticing when God is walking with us. Helpers share God’s love and give us strength during scary, challenging times. Where have you found helpers? When can you be a helper for another person?

Fred Rogers, a Presbyterian pastor, said “When I was a boy and I





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

15

Here is a partial list of helpers and supportive communities in our South District:

1. <https://www.cluejustice.org/> (Clergy and Laity United for Economic Justice) led by a Rev. Jennifer Gutierrez, a UM pastor, leads vigils and support services in LA and Orange County.
2. South District UMC Immigrant Ministries - Zoom meetings and notice of area events. Contact Jeanne Graham (jeansbew4.8@gmail.com) to be added to the contacts list.
3. United Women in Faith in the San Diego area has a presence at the Federal Courthouse on Thursdays. Contact Randa Krakow (randakra@me.com)
4. San Diego Organizing Project which includes FAITH, an accompaniment ministry (<https://sdop.net/>)
5. Your South District UWFaith Social Action Coordinators - Contact me to be added to our email lists. We can share ideas and inspiration.

Has your unit discussed how you will complete the Charter of Racial Justice Criteria for 2026? Here's a link to the 2026 [Criteria](#). Start planning now and return the form to me by December 15. South District will have two Zoom book discussions in this year and participation will help your unit fulfill the Criteria. Please send me idea of books on climate or racial justice that we can share.



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

16



Spiritual Coordinator's Message



Spiritual Growth Coordination:

We are approaching our Soul Retreat. We begin at 4 PM on March 13th - 14th 2 PM. The mountain calls us to stop and take time to be with God in nature. The daily life of chores, tasks, reports, meetings, and family matters drains our souls. Even when we are doing God's work, we need rest. Please join us and reconnect with the quiet, fellowship, and presence

of God's welcome. "What is my True Nature?" is more than a question; it is a call to see how valuable we each are and how we support all God's creation. God doesn't mind questions or even demands. Imagine yelling at someone and knowing that the love is absorbing your words so that you are freed and blessed at the same time.



Blessings,
Barb Eveland
District Spiritual Growth Coordinator
707-889-2277

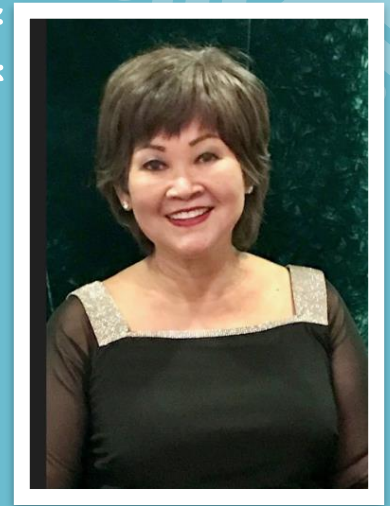




SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

17



Nomination Chair's Message



Greetings to all of ya, beautiful women of God!

Consider me the new kid on the block, now serving as your Chair of Nominations. This is entirely Laddie Perez's fault – our former CON Chair who recruited me while skipping off to greener pastures. But she can't run off that fast, because I'm still holding on to her tail while she helps me get acclimated to this whole Nominations business. Hehehe! Appreciate it, Laddie!



Anyhoo, it's been fun navigating through the ins and outs of this post – meeting knowledgeable, dedicated, inspiring, and spiritually rich women along the way. I am excited to meet even more of you as we work side by side to place the right individuals in the offices where their gifts can shine.

January 31, 2026 – South District Officers Training - NOMINATIONS
The few attendees we had were actively engaged throughout the session. We expanded the Q&A beyond the session topics and invited

them to reflect on broader concerns, such as:

- What challenges are you currently facing in your unit?
- What practices in your unit are working well?
- How the South District can support you?



One attendee shared that their unit has multi-cultural groups, and they hope to organize the Latino women's group. However, they currently do not have anyone fluent enough in Spanish to lead this effort. We are looking for a volunteer who can help. Kindly spread the word, and feel free to contact me if you know someone who may be interested.



Your sister in Christ,
Deaconess Perla Baker
Chair, Nominations
perla2012@cox.net
949-292-3064





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH



Meet Our Membership Coordinator



My name is Alpha May U. Tomas, You may call me Alpha or May. I grew up in the church as the daughter of a United Methodist pastor and came to know Jesus Christ during my sophomore years.



Though many expected me to become a deaconess early on, I first pursued science, earning degrees in Medical Technology and Microbiology, dreaming to become a Medical Doctor but I end up as a Science and Biology teacher.

generosity and kindness are powerful expressions of worship. In God's time, I answered the call to ordained service and was commissioned Deaconess in 2021 in Orlando, Florida.



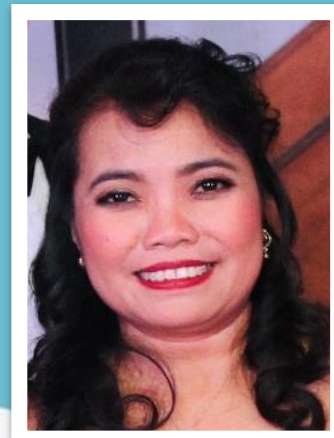
Music has always been part of my life. Influenced by my parents—both deeply involved in church music—I began leading children's choirs at a young age and later had the opportunity to travel and experience classical European music for more than a decade.



Today, together with my husband, I serve Santa Ana UMC as President of United Women in Faith, Music Director, and Business Manager. I now serve in the UWF South District Leadership Team as Chair of Membership Committee-- committed to living out Micah 6:8—love, justice, and humble service.

I am also passionate about mission work and caregiving, believing that

Alpha May Tomas
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ulloalpha@gmail.com





Communications

Communication and Correspondence on Spirituality in an AI-Driven, Digital World — A Christian Rule for Wise Digital Discipleship

Abstract

In an age shaped by algorithms and AI, Christian communication and spiritual correspondence increasingly travel through digital channels. This essay explores four movements: the new terrain of Christian spirituality amid algorithms; practices for speaking of God online; discernment and authenticity in the proper place of AI; and a practical rule of life for wise digital discipleship. It offers principles, scriptural anchors, and concrete patterns for individuals, communities, and church leaders.

Part I: The New Terrain—Christian Spirituality Amid Algorithms

On certain mornings, before the sun lifts the night from the rooftops, I notice a quiet tug toward my phone before my Bible. My screen

promises insights, headlines, and voices I trust. Yet beneath the glow is a familiar Christian question: who is discipling my attention? In an AI-shaped age, our spiritual correspondence—the letters, prayers, teachings, and simple greetings of peace—now travels through algorithms and language models. The channels have changed; the heart's hunger has not. We still seek the One who is both Word and Silence, who speaks in Scripture and whispers in conscience (1 Kings 19:12; John 1:1–14).

There are real graces in this digital commons. A believer in Nairobi can pray alongside a friend in Nashville; a seminarian can search patristic homilies; a caregiver can hear a sermon while washing dishes.



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

20



So we return to a firmer question: not what technology can do for us, but what it should do in service of discipleship. Can we receive AI as a humble tool—like parchment, press, or radio before it—rather than as a new apostle? Can its efficiencies carve more room for prayer, hospitality, and justice, or will they erode our capacity for attention and awe? The Church has crossed many thresholds of media; in each crossing, fidelity has meant the same thing: to love God and neighbor with whole hearts and uncluttered eyes (Matt. 22:37–40). The terrain changes; the path of love does not.

Source:

- Select Bibliography and Further Reading
- *Augustine, Confessions* (for attention, desire, and restlessness in God).
 - *John Cassian, Conferences* (on prayer and the formation of the heart).
 - *Dietrich Bonhoeffer, Life Together* (on Christian community and speech).
 - *C.S. Lewis, The Screwtape Letters* (on distraction and spiritual warfare).
 - *Andy Crouch, The Tech-Wise Family* (on household practices with technology).
 - *Sherry Turkle, Reclaiming Conversation* (on presence in a digital age).
 - *Brett McCracken, The Wisdom Pyramid* (on ordering sources of knowledge).
 - *Cal Newport, Digital Minimalism* (practices for attention and depth).
 - *John Dyer, From the Garden to the City* (theology of technology).

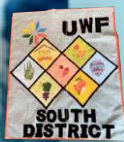
Translations bring Augustine and Athanasius into the present with a tap. AI tutors can scaffold learning: a summary of Hebrews here, a gentle quiz on parables there. For churches strained by distance and schedules, tools coordinate meals, prayers, and benevolence. A scattered people can, in part, be gathered (Acts 2:42–47).

But every grace in this new terrain casts a shadow. Teachers can be flattened into quote cards cut from the sinew of their witness.

Algorithms feed us what we already favor, narrowing our theological sight-lines until the breadth of the Body of Christ is reduced to an echo of self (1 Cor. 12:12–27). Our sacred inheritance risks becoming mere “content,” optimized for clicks rather than conversion. The Christian story insists that truth is personal—revealed in Jesus Christ, encountered in a people, carried forward in sacrament and service. No model, however powerful, can bear the weight of that Mystery (Eph. 3:14–19).

Special thanks to the contributor who chooses to remain anonymous.





Education and Interpretation (E&I) Coordination

Leader holds primary responsibility for interpreting the impact and importance of Mission Giving as an act of faith and commitment. Leader empowers women to understand, interpret and participate in United Women in Faith's mission with women, children and youth, and outreach of the church, as well as engage in raising funds for mission and outreach. She will:

- a. understand and interpret United Women in Faith mission projects and concepts of mission, working closely with the finance and program committees to ensure that members are well-informed about what happens to their gifts and what ministries are made possible through their Mission Giving;
- b. promote and interpret the need for Mission Giving to fund the total mission program of United Women in Faith, including ministries with women, children and youth, leadership development, spiritual growth, service and advocacy, and transformative education;
- c. develop and promote strategies for engaging in and growing Mission Giving at all levels of United Women in Faith, including promotion of the Five Channels of Mission Giving;
- d. inform United Women in Faith members of transformative education and leadership development opportunities such as Mission u and Leadership Development Days;
- e. promote mission studies, local mission opportunities, Mission u, leadership development events, spiritual growth retreats, Assembly, Ubuntu Days of Service, annual meetings and other events underwritten by Mission Giving;
- f. promote and utilize United Women in Faith print, online and audiovisual resources to tell the mission story, and ensure these resources are available for mission programs and projects;
- g. work with district mission coordinators for education and interpretation, provide resources and conduct training at least annually;
- h. serve on the conference Board of Global Ministries, or equivalent body, and work with the conference secretary of Global Ministries on mission education and interpretation (The Book of Discipline of The United Methodist Church 2016, ¶633.2); and
- i. serve on the following committees: leadership team, Program, Finance, Membership and Mission u.





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

2025-2026 South District United Women in Faith Leadership Team

President: Lynette Hayes

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Church: St. Paul's UMC – San Diego

Vice President: Polly Petersen

1124 Connecticut Street, Imperial Beach, CA 91932 (619) 721-1473 C pollypetersen52@gmail.com
Church: Nestor UMC – San Diego

Secretary: Marcia Easton

28032 Via Congora, Mission Viejo, CA 92692 (949) 282-9310 C marciaeaston@cox.net
Church: Shepherd of the Hills UMC

Treasurer: Joanna Schwend

P.O. Box 2403, Del Mar, CA 92014 (619) 203-1476 C jwschwend@yahoo.com
Church: San Dieguito UMC

Chair of Nominations:

Perla Baker (949) 292-3064 C perla2012@cox.net
3206 Sangre de Toro, San Clemente 92673

Communications Coordinator:

Cecil N. Bucud-Arceo (714) 383-7783 C uwfsdcommunications@gmail.com
3009 W. Willits Street, Santa Ana, CA 92704
Church: Santa Ana, UMC

Membership Coordinator: Alpha May Tomas

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Church: Santa Ana, UMC

Mission Education Coordinator: OPEN

Program Resources Coordinator:

Judy Edelblute

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Church: St. Mark's UMC – San Diego

Social Action Coordinator: Kay Guy

1550 Boyle Avenue, Escondido, CA 92027 (760) 519-0293 C mkayguy@gmail.com
Church: Escondido First UMC

Spiritual Growth Coordinator: Barbara Eveland

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Church: First UMC – San Diego

District Registrar: Diane Vogan

4066 Nabal Drive, La Mesa, CA 91941 (619) 980-9472 C dnvogan@cox.net
Church: Foothills UMC – La Mesa (619) 670-7759 H

WJ – National Director Alternate:

Laddie Perez-Galang

46-U Calle Aragon, Laguna Woods, CA 92637 (949) 245-4027 C laddieperezgalang@gmail.com
Church: Laguna Country UMC – Laguna Woods



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

23

Cal-Pac/South District UW Faith 2026 Calendar of Events

JAN

17, 24, 31 -SDUWF Local Officers Training

FEB

15 - Southern Voice Winter Edition

21 - Cal-Pac UWF Mid-Winter Event, Claremont UMC

MAR

6 - World Day of Prayer

13-14 - SDUWF Retreat - Cedar Glen, Julian

APR

faith
action
sisterhood

MAY

15-17 - UWF Assembly 2026 - Indianapolis, IN

15 - Southern Voice Spring Edition

JUN

6 - SDUWF Quiet Disciples

20 - Cal-Pac UWF Luncheon

JUL

24-26 - Cal-Pac UWF Mission u

AUG

15 - Southern Voice Summer Edition

SEP

19 - SDUWF Annual Celebration/Meeting

OCT

NOV

15 - Southern Voice Fall Edition

DEC

Love in action is UNSTOPPABLE



United
Women
in Faith

ASSEMBLY 2026

May 15-17, 2026

Indianapolis, Indiana

uwfaith.org/assembly

**Dream it!
Believe it!
Do it!**

United Women in Faith Assembly 2026 May 15-17, 2026 Indianapolis, Indiana

Assembly 2026 is a once-every-four-years gathering of women committed to faith, empowerment, and making a difference. Picture a weekend that uplifts your soul, strengthens your faith, and connects you with a limitless sisterhood.

There has never been a more important time for women of faith to come together and put love into action to change the world. It is time to TALK, time to DREAM, and time to BUILD—because when women of faith unite, we are unstoppable.

Register Today



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Nine times, Jesus retreated to be alone with God. We are called to take time away to be alone with God. Cedar Glen is a peaceful place for rest. The retreat will include quiet time with nature, God, and fellow sisters.



South District United Women in Faith

SOUL CARE RETREAT 2026



THEME:

“What is My True Nature?”



Save the Date

March
13 & 14

Cedar Glen
Julian, CA

ACTIVITIES:

Worship, small group participation, journal writing, stargazing, and time in nature with God.

Retreat Details

To participate in the retreat, all registrations and payments must be received by February 20, 2026, with no exceptions. The **registration fee is \$150**, which includes dinner on Friday evening and breakfast and lunch on Saturday.

Day campers are welcome to join for lunch on Saturday if they prefer to attend only during the day; the **day-camp fee is \$50.**

Overnight participants should plan to arrive at **4:00 PM on Friday**, while those attending only on **Saturday** should arrive by **9:00 AM**. The retreat will end with departure at **2:00 PM on Saturday**.

Our venue can accommodate up to **50 maximum** participants only!

REGISTRATION FORM AVAILABLE HERE





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

26



United
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South District: Soul Care Retreat

"What is My True Nature?"

Friday March 13 & Saturday March 14th

Cedar Glen Camp @ 743 Farmer Rd, Julian, CA 92036

Friday & Saturday option

Registration: 4pm Fri.

Program: 4pm Fri.- 2pm Sat.

Cost \$150 - Fri. Dinner and
Sat. Breakfast/Lunch included



Saturday only option

Registration: 9am Sat.

Program: 9am - 2pm Sat.

Cost \$50 - Sat. Lunch included

REGISTER EARLY AS SPACE IS LIMITED

Overnight participants: MUST BRING ALL BEDDING (i.e., towels, pillows, sheets, blankets, or sleeping bags), warm clothes, sturdy walking shoes, and toiletries.

(cut along the dotted line and return)

Registration Form

The registration and payment deadline is Friday, February 20th, 2026

Registration fee for Friday & Saturday \$150 | Registration fee Saturday only \$50

To Register, mail the form & check to Diane Vogan, 4066 Nabal Drive, La Mesa, CA, 91941.

Make check payable to **South District UWFaith** & mark "Retreat" in the memo section.

If you have any questions, contact Diane Vogan at dnvogan@cox.net or 619-980-9472.

Name:

.....

Email:

.....

Phone:

Address:

.....

Local Church/Unit:

.....

Camp Option: 1) Friday & Saturday

(circle)

2) Saturday only

Indicate food allergies:

Preferred Diet (circle): regular/vegetarian/vegan

For South District Treasurer use only:

Date Received:

Check#/Amount:

Cash:



How much do you **REALLY**
know about **New Entra Casa?**
You are cordially invited to
New Entra Casa

Address: 3575 Pershing Ave
San Diego, CA 92104

Sunday
March 8, 2026
Time: 2:00PM

**In honor of Women's History Month
there will be some sharing of
New Entra Casa History.**

**Presidents of United Women in Faith
in local churches, will be recognized.**

**Since it is the season of Easter,
please wear your favorite "Easter Bonnet" -
bought, made or borrowed to liven up the day.
There may be some surprises.**

**There will be fellowship, food, fun and
fundraising for NEW ENTRA CASA**

**For more Information Contact
Shirley Ferrill 619-267-2516 or
Shirleyazf36@gmail.com**



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

28



Day of Giving 2026: Grace in Abundance



United
Women
in Faith

**DAY OF GIVING:
March 23, 2026
Save the Date**

Day of Giving, March 23, 2026, is our opportunity to gather together as one sisterhood in faith to thank God for the continued grace shown to United Women in Faith, by giving to ensure the future of our vital mission work to improve the lives of women, children, and youth at home and abroad. We invite you to join us and show your appreciation for God's *Grace in Abundance* with your generous gift.

- Live phone lines will be open to accept your gifts on **Monday, March 23**, from 8 to 5 p.m. EST. Call **1-800-278-7771**
- Give securely online at: bit.ly/DayofGiving2026
- Text to **20503** or scan the QR code below



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

29

- Checks can be mailed to:
United Women in Faith
Attn: Day of Giving
Church Center for the United Nations
777 United Nations Plaza, 11th Floor
New York, NY 10017
- Consider giving a planned gift through your estate.
Visit uwfgift.org for more information.
- Watch for our live Facebook feeds and updates throughout the day and throughout the country.
- Plan your own Day of Giving celebration and let us know about it.
Email ccampos@uwfaith.org





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH



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A NEW PATH

Parents for Addiction
Treatment & Healing

FREE NALOXONE TRAINING

TRAINING INCLUDES:

- ✔ How to recognize and respond to an accidental opioid overdose
- ✔ How to use Naloxone/Narcan
- ✔ Good Samaritan Law
- ✔ Free Naloxone & Fentanyl Test Strips

MARCH 11, 2026

6:30 PM

SAN DIEGUITO UNITED METHODIST CHURCH
FOUNDERS HALL
170 CALLE MAGDALENA, ENCINITAS CA



**TRAINING PROVIDED BY
ELON BURNS, CADC II
A NEW PATH**



619-206-3101



www.anewpath.org

**HOSTED BY
UNITED WOMEN IN FAITH**

**SAN DIEGUITO UNITED
METHODIST CHURCH**

ENCINITASCHURCH.COM



READING PROGRAM Reporting Form

Formulario de Información del
Programa de Lectura

독서 프로그램독서 프로그램



- 5 books each year.
- 1 book from each category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

PLAN II

- 10 books each year.
- 2 books from each category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

PLAN III

- 15 books each year.
- 2 books from each category.
- **PLUS** 5 additional books from any category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.

PLAN IV

- 20 books each year.
- 2 books from each category.
- **PLUS** 10 additional books from any category.
- Selections from the current reading lists if not included in previous reports.
- Regular reading of **response** magazine.



REPORT OF COMPLETION REQUIREMENTS

(Send completed form to your secretary of program resources or equivalent according to your conference's schedules.)

<p>MISSION EMPHASES</p> <p>Education for Mission</p> <p>Leadership Development</p> <p>Nurturing for Community</p> <p>Social Action</p> <p>Spiritual Growth</p>	<p>PLAN CHOSEN: I II III IV</p>			
	<p>NAME: _____</p>			
	<p>CURRENT YEAR: _____</p>			
	<p>I have completed the required reading for PLAN _____. The books I have read are listed on this form.</p>			
	<p>LOCAL UNIT _____</p> <p>DISTRICT _____</p> <p>CONFERENCE _____</p> <p>PRINT NAME _____</p> <p>ADDRESS _____</p> <p>CITY, STATE, ZIP _____</p>			
<p><input type="checkbox"/> I have also read response regularly.</p>				



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

33

Find United Women in Faith Online

Inspire

<https://uwfaith.org/resources/podcasts/>

<https://www.facebook.com/dailyprayerguid>

<https://uwfaith.org/events/mission-u/>

Social

<https://www.facebook.com/uwomenfaith>

<https://www.instagram.com/uwomenfaith/>

<https://www.youtube.com/uwomenfaith>

<https://twitter.com/uwomenfaith>

<https://uwfaith.org/digital>

Influence

<https://uwfaith.org/get-involved/>

<https://uwfaith.org/lead>

<https://uwfaith.org/response>

Impact

<https://uwfaith.org/read>

<https://uwfaith.org/advocate>

<https://uwfaith.org/events/calendar/>

*It's easy to get to our website.
Click on or copy and paste the
link below to your browser.*

<https://www.calpacumc.org/uwfaith/>

<https://linktr.ee/calpacuwfaith>



United Women in Faith

Cal-Pac South District Gifts and Graces Inventory

Potential Leaders Information Form

(To be completed by potential leader.)

Type or Print (attach additional sheets as necessary)

Date: _____

Name: _____

Address: _____

Telephone: (Home) _____ (Work) _____ (Cell) _____

Email: _____

Member of Local Church: _____

Age: 20s 30s 40s 50s 60s 70s 80s

Language Spoken: _____ Racial/Ethnic Identity: _____

Employed: No Yes Part Time Full Time

Professional skills, job experience: _____

Office(s) held in United Women in Faith (United Methodist Women):

	Office	Date of Service
Local		
District		
Conference		
Jurisdiction		



SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

35



United
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Cal-Pac South District Gifts and Graces Inventory

Additional experience on the local, district, conference, or general church level (other than United Women in Faith/United Methodist Women), or in the community:

How will your spiritual journey strengthen your commitment to serve on the District Leadership Team?

Return to: **Perla Baker**
Chair, Nominations
3206 Sangre de Toro, San Clemente 92673
949-292-3064
perla2012@cox.net



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SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

36



Subscribe To

Pacific Waves – Cal-Pac United Women in Faith Newsletter

Published - January | April | June | September

Pacific Waves is FREE with an email subscription. All you need to do is send an email with your full name and telephone number, church, and District to: calpacuwfcommunications@gmail.com

The cost for a mailed subscription is \$15. Make check payable to United Women in Faith. Please mark in the memo line: Pacific Waves 2026. Mail payment & the form below to Cal-Pac UW Faith Treasurer:

Freda Low, 8437 Village Lane, Rosemead, CA 91770
freda.umwest@gmail.com, Cell: 818-601-9142



Pacific Waves 2026 Subscription Form- mail Cal-Pac UW Faith Treasurer

Please print all information legibly:

Name _____

Address _____

City _____ State _____ Zip Code + 4 _____

Phone (home/cell) _____ email _____

Church _____ District _____

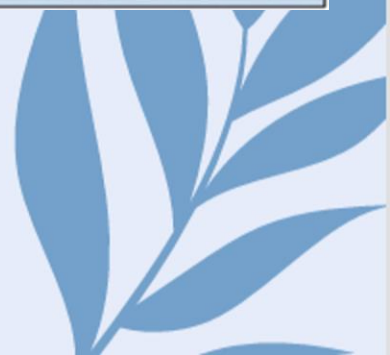
Official Area:

Amount Enclosed \$ _____ Check # _____ Date received by Cal-Pac UW Faith Treasurer _____



United
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Winter Edition  February 2026





SOUTHERN VOICE

NEWSLETTER OF THE SOUTH DISTRICT
UNITED WOMEN IN FAITH

37

Subscribe To

Southern Voice – South District United Women in Faith Newsletter

Southern Voice is FREE with an email subscription. All you have to do is send an email with your full name, telephone number, and church to Cecil Bucud-Arceo at uwfsdcommunications@gmail.com.

The cost for a mailed subscription is \$15 per year. Make check payable to South District UWF. Please mark in the memo line: "Southern Voice 2026." Mail payment and the form below to:

South District Treasurer, Joanna Schwend

P.O. Box 2403, Del Mar, CA 92014.

Southern Voice 2026 Subscription Form: Please print all information legibly.

Thank you!

Name: _____ Address: _____
City: _____ State: _____ Zip Code+4: _____
Telephone (Home/Cell): _____ Church: _____
Enclosed: \$ _____ Check #: _____ Date Received by UWF Treasurer: _____



United
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Winter Edition  February 2026